



The Parkes East Parrot

25 February 2019

Term 1, Week 5



Merit Certificate Criteria for this week:

- Being responsible with belongings and equipment
- Being a positive role model



Positive Behaviour for Learning (PBL)

We are aware of our roles and responsibilities in each room

WHAT'S AHEAD...

Week 5

Fri 1 Mar Lachlan Swimming Carnival
10.00am Clean Up Schools Activity

Week 7

Mon - Fri Three way parent conferences
Mon 11 Mar School Photos
Tue 12 Mar P&C AGM Meeting 7:00pm
Thu 14 Mar Western Swimming Carnival

SCHOOL PHOTOS



Monday 11 March

Individual photo envelopes have been sent home.
Family photo envelopes are available at the school office.

CANTEEN HELPERS NEEDED

As Friday's are the biggest lunch order days, Lyndy needs more helpers to make and pack lunches. If you can help out, especially on a Friday, please contact the school on 6862 2021.

A new batch of Stickybeak lunch wallets have arrived and are available from the canteen or the office for \$10.



Positive Role Models

I am sure that the families and friends of students who were inducted as school leaders were as proud as I was in doing this. Each of these senior students have important roles to play in the life of our school.

Best wishes to our students who are swimming this Friday at the Lachlan Swimming carnival in Condobolin. We know you will all be positive ambassadors of Parkes East.

Again this year we are holding a Schools Clean Up activity, commencing at 10.00am. Please feel free to come along and support our students as they make a practical difference to the environment.

May your week be full of joy.

Michael

SCHOOLS CLEAN UP DAY

Friday March 1 at 10.00am

Children are to bring gloves and a plastic bag to help clean up the school grounds. Families and friends of the school are invited to join us under the main shelter.



EARRINGS

Any students wearing earrings to school must wear studs.

NO sleepers, hoops or dangling earrings are to be worn to school, due to the risk of earrings being accidentally pulled from the ear during sport or activities.

MERIT CERTIFICATES - Term 1, Week 4

Work Ethic

Attempting all tasks

K-60: Dekodah Morley
KGS: Abel Phillips-Thompson
KMK: Letty Newham-Fardell
KMR: Angus Dunn
1B: Sadie Anderson
1MC: Steven Hanns
1-2I: Chelsey Ewin
2L: Anna Clarke
2T: Logan Wyburn
2-3D: Miley Nash
3-4F: Tyler Everingham
3-4P: Jayden Kuun
4-5S: Riley Klein
5-6H: Jesse Bourke
5-6R: Isabelle Underwood

Behaviour

Cooperating and appreciating others

Lucy Squires
George Hendry
Ella-Rose McDonald
Kaine Taylor
Harley Cotter
Rubi McAuliffe
Jack Dunford
Brax Nash
Lucas Hunter
Jackson Reeves
Kaleb Schembri
Dominic Frogley
Olivia Chambers
Grace Dunford

Wiradjuri

Care for each other

Casey Kelly
Charlotte Hutchings
Cooper Griffiths
Mackenzie Cotter
Lilliana Harding
Hartlee Trotman
Miah Ross
Billy Beuzeville
Summer Baker
Jordan Dean
Max Jones
Stephanie McNaughton
Heidi Goodfellow
Ella Harbidge
Erin Waters

Rise Above Self: Isabelle Powell/Clara Rice **Love of Reading:** Sam Rivett

ROAD SAFETY

Please ensure if your child/children are riding scooters or bikes to school, that they are wearing a helmet and know the road rules.



PARKES AND DISTRICT RELAY FOR LIFE

The Cancer Council's "Relay for Life" will be held on 23-24 March at Pioneer Oval in Parkes.

Parkes East Public School is entering a team once again to support this very worthwhile cause. We held our Mini Relay for Life last October which was our main fundraiser for this event.

If any family would like to join our team, please contact Mrs Massey at school. Primary aged children are most welcome, but must be supervised by their parent.



FAMILY FUN COLOUR RUN

For Fitness Sake—Get moving for kids with a disability!

WHEN: Friday 1 March
TIME: 6:00pm
WHERE: Pioneer Oval, Parkes
COST: \$3 each or \$10 for a family of 4
CONTACT: Parkes Squash 0459 546 742



Please join us for a family fun night, BBQ and drinks will be available on the night. All funds raised at this event will be going to the House With No Steps.

SCHOOL ATTENDANCE

Why is regular attendance at school important?

Regular school attendance will help your child to succeed in later life.

Attending school **every day** makes learning easier for your child and helps build and maintain friendships with other children.

If your child misses learning the basic skills in the early years of primary or high school, they may develop learning problems in later years.

- 1 day off a week = 10 days a term (2weeks - gone!)
- 1 day off a week over the period of 1 year = most of 1 term - gone!!
- If this pattern starts in Kindergarten and continues through to Year 6 almost 1 and a half years of learning is gone!!
- If this pattern continues through high school students will miss nearly three years of learning.
- If students miss days of learning they reduce the chance of achieving to their academic potential.

NRL JUNIOR PROGRAM

An opportunity for primary school children (**5-8 years old**) to experience Rugby League in a fun, safe, and friendly environment. The program caters for children of all ability levels with a focus on developing the fundamental skills of Rugby League.

Register at <https://playnrl.com/juniorprogram>

WHEN: 25 February 2019
TIME: Mondays at 4:30pm for 6 weeks
COST: \$60
WHERE: Cheney Park, Station St, Parkes



2019 SCHOOL FEES

The school fees this year are \$50.00.

The fees are made up of the following:

Voluntary School Contribution	\$12.00
Technology (including Athletics access and Craft fee)	\$20.00
Life Education Van	\$5.00
"By The Light Of The Moon" (Term 2)	\$8.00
"Circus Of Life" (Term 4)	\$5.00
Total	\$50.00

Please pay fees at the school office with cash only.

Limited change is available, so please send the correct money if possible.

ONLINE PAYMENT

Payment may also be made through the school website - 'Make a Payment'.

So we can receipt your payment, please ensure you:

1. Include your child's full name, year/class and date of birth
2. Specify exactly what the payment is for
3. Send a copy of the transaction to school office or email to:

parkeseast-p.school@det.nsw.edu.au

Subject 'POP PAYMENT'.

We are unable to receipt your payment without these details.

UNIFORM SHOP PAYMENTS

Please note that payment for uniform must be made at the School Office (cash only) and cannot be done online.

PARKES HIGH SCHOOL—OPEN DAY

Tuesday 26 February 2019

LP Johnston Hall

Years 5-6 information session 6.00—6.30pm

Tours of the school 6.30—8.00pm

P&C BBQ from 6.30pm in the Canteen Area.

Everyone welcome.

Call 6862 1844 for more information.



The simplest way ... to pack a healthy lunch box

The average school child will eat more than 2,500 lunches during their 13 years at school.



A one-stop-shop for everything you need to know about packing a lunch box, Cancer Council's [website](http://healthy lunch box website) is now even easier to use and share with friends and family.

- **Search** — you can now search for recipes by name or ingredients and quickly find the information and tips you are looking for.
- **Print recipes** — it's now easier to print recipes for safe keeping.
- **Share recipes** — on Facebook, Twitter and Pinterest.
- **Videos** — some recipes now feature short videos showing the simple steps to making the meal.
- **Lunch Box Builder** — plan a healthy lunch box with your kids using the new builder items.
- **New Content** — check out our new recipes, sandwich filling ideas and packed healthy lunch box examples.

healthylunchbox.com.au

"The Parrot" is available at the Parkes East Public School website <https://parkeseast-p.schools.nsw.gov.au>, along with other relevant school information and news.